

BARNARD COLLEGE STUDENT HEALTH SERVICES

Welcome to Barnard! Barnard College Student Health Service is available to you for a broad range of medical services. We provide a full range of primary care medical services and gynecological care, most medications when prescribed by on-site physicians, and referrals and consultations for indicated specialty care. We make use of the resources of the extensive New York medical environment as we work to heal and educate. Our web site, www.barnard.edu/health, provides a description of our many services, contact information, health information brochures for download and links to other excellent Internet health sites.

Forms are enclosed for your health history, a physical examination **during 2006**, and a physician's verification of your required immunizations. The Physical Examination is to be completed by your own clinician (**NOT a parent**). To minimize last minute scheduling problems, we strongly suggest that you have your physical exam now, before you leave home for any vacation travels. You should complete the Student Health History (including the family history information) prior to your examination. Keep the paper copy for your clinician. We request, however, that the Student Health History be submitted on-line if at all possible (see below). **Please note that according to New York State Law, you will not be permitted to register without proof of required immunizations for mumps, rubella and measles (see below).** Immunizations against chicken pox (varicella), if you are not immune, and hepatitis B are also recommended. A pamphlet describing the meningococcal vaccine is also enclosed.

Entering first-year students are required to submit all the information requested in the above paragraph. **If you are a visiting or transfer student**, we will accept the entering history and physical examination record from your home or prior institution, together with the laboratory and immunization information. (A record release form is enclosed for your use.) **Immunizations must meet the New York State requirements and a tuberculosis skin test after January 1, 2006 is still required for at-risk students.**

Your completed forms must be received by **June 17, 2006** for fall entrants and by **December 12, 2006** for spring entrants. To submit the Health History form on-line (strongly preferred), go to our web site, www.barnard.edu/health. Click on New Students. Section 2, Student Health History Form, has a link to the On-line Submission Access (Barnard user ID required). If you do not have access to the Internet, you may mail the history form with the physical exam form. An addressed envelope is enclosed for your convenience (at least 70 cents postage required). We recommend that you make a photocopy of the forms for your own records before sending them.

If you will have difficulty meeting the submission deadlines, please let us know by fax, mail or email. You will not be permitted to register until we have received properly completed health history and physical exam forms and the immunization requirements have been met.

Student health insurance information and brochures will be mailed late June for fall entrants and in mid-December for spring entrants. **If your family's policy will not cover you in New York City, we strongly recommend the optional supplemental coverage.**

We look forward to meeting you at Barnard.

NEW YORK STATE IMMUNIZATION REQUIREMENTS

New York State law requires college students to be immunized against measles, mumps and rubella. The law applies to all students born on or after January 1, 1957. This has been a requirement for all college undergraduates and graduate students since 1991.

Proof of immunity consists of:

Measles – two doses of live measles vaccines administered after 12 months of age, physician documentation of measles disease or a blood test showing immunity.

Mumps – one dose of live mumps vaccine administered after 12 months of age, physician documentation of mumps disease or a blood test showing immunity.

Rubella – one dose of live rubella vaccine administered after 12 months of age, physician documentation of measles disease or a blood test showing immunity.

Check your immunization records with your health care provider or high school to be certain you meet these requirements.

If you require more information, contact your local health department or call Barnard College Student Health Services at 212-854-2091.

CONSENT FORMS

Also included in this booklet's Return Envelopes and Important Information supplement are the Barnard Health Services Information and Consent Form as well as the Notice of Privacy Practices as Required by the Privacy Regulations Created as a Result of the Health Insurance Portability and Accountability Act of 1996 (HIPAA). Please complete and submit these forms with the other enclosed physical and health forms by June 17, 2006 for fall entrants and by December 12, 2006 for spring entrants.

